

2003 Health and Preventive Practices Status Report

from Missouri County-level Study



Nodaway County**

	County Prevalence (%)*	Northwest Region Prevalence (%)*	State Prevalence (%)*
G eneral			
Health Status (Fair or Poor)	21.6	18.5	16.9
No Health Coverage	9.0	12.1	12.3
B ehavioral Risk Factors			
Physical Inactivity	21.3	26.3	23.0
Current Smoker	16.7L	27.3	26.5
Overweight (BMI 25-29.9)	40.3	38.0	35.3
Obese (BMI ≥ 30)	18.7	23.1	23.4
D isease and Conditions			
High Blood Pressure	20.8 L	28.4	28.5
High Cholesterol (35 years or older)	33.4	40.2	37.3
Asthma	7.8	9.3	10.7
Diabetes	5.7	6.3	7.2
Activity Limitation	17.0	17.5	17.8
C ancer Screening			
Women			
Never had a Mammogram	19.1	17.0	13.4
No Mammogram or Clinical Breast Exam in Last Year:			
40-49 years of age	40.2	44.1	49.4
50-64 years of age	48.2	45.8	35.9
65 and older	62.0	62.3 H	47.4
Never had a Pap Test:			
18-69 years of age	5.2	2.8	5.1
70 and older	25.7	12.6	6.4
No Pap Test in Last Year (18-29)	16.1	21.5	25.8
No Pap Test in Last 3 Years (30-69)	11.6	13.9	13.8
Men and Women 50 Years or Older			
Blood Stool Test:			
Never had a Blood Stool Test	48.1	51.0	57.0
No Blood Stool Test in Last Year	68.8	77.8	77.5
Sigmoidoscopy/Colonoscopy			
Never had a Sigmoidoscopy or Colonoscopy	62.7	58.6 H	49.2
No Sigmoidoscopy or Colonoscopy in Past Five Years	72.9 H	68.6 H	57.0

*Prevalence rates are age adjusted to the 2000 U.S. standard population

■ indicates that the prevalence rate is not significantly above or below state prevalence

H indicates that the prevalence rate is significantly above the state prevalence

L indicates that the prevalence rate is significantly below the state prevalence

Unless otherwise noted respondents are 18 years of age or older

** The best indicators for Nodaway county were obtained by combining data from Nodaway and Andrew counties.